

CERTIFICATE OF PARTICIPATION

This is to certify that

Gerrit van Niekerk

Has successfully participated & completed the

Cross Duathlon - Sprint Cowhouse Cross Duathlon #3

held at Hazeldean Valley Trails.

TIME 01:47:14

PACE 05:21/km **OVERALL** 23 of 24

06 August 2023, Sun

outLime

GENDER 15 of 16

70 - 79 1 of 1

Signature

Date